

A Carer's view

Some hints and tips

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Discuss



- Talk about things at an early point
- Make sure everyone is involved
- Where necessary get a record of the outcome.
- › Be clear about who is leading on any area of decision making
- › Revisit decisions periodically to check they are still valid

People

- Know who the key people are
- Make sure the key people know who you are
- Keep a list of names, numbers, roles.



Paperwork



- Know where it is
- Know what you haven't got
- Where possible fill in the gaps
- Have copies of key documents

